

MEET McLAREN

# BAY REGION PHYSICAL MEDICINE AND REHABILITATION

## McLAREN BAY REGION PHYSICAL MEDICINE AND REHABILITATION SERVICES

At McLaren, our Physiatrists help to restore functional ability for patients facing physical challenges. Treating and diagnosing a wide range of conditions affecting the musculoskeletal and nervous systems, such as stroke, spinal cord injuries, and chronic pain. With a combination of medical management, physical therapy, and occupational therapy, PM&R practitioners develop individualized treatment plans that empower patients to regain independence and improve their overall well-being. The ultimate goal is to optimize function and promote an active lifestyle, enabling patients to lead fulfilling lives despite their challenges.



### WHO CAN BENEFIT?

Physical Medicine and Rehabilitation offers a comprehensive approach to recovery and wellness for various patients.

- Chronic Pain
- Musculoskeletal Injuries
- Neurological Disorders
- Post-Surgical Patients
- Spasticity Management
- Sports Injuries
- Stroke Survivors

# MEET YOUR LOCAL PHYSIATRISTS



**VENKATA ETHA, MD**

Physical Medicine and  
Rehabilitation



**PAUL McKELLIP, PA**

Physical Medicine and  
Rehabilitation

*To request a meet and greet  
contact our physician liaison  
[gina.ora@mclaren.org](mailto:gina.ora@mclaren.org)*

## SOME OF THE TREATMENTS OUR PHYSIATRISTS PROVIDE

Physiatrists, or rehabilitation physicians, provide a wide range of treatments to help individuals regain function and improve quality of life after injuries or illnesses. A few of the common treatments include:

- **Assistive Devices:** Recommending or fitting devices such as braces, orthotics, or wheelchairs to aid mobility and function.
- **Exercise Programs:** Creating tailored exercise regimens to enhance physical fitness and functional capacity.
- **Neurorehabilitation:** Focusing on recovery for patients with neurological conditions, such as stroke or spinal cord injuries.
- **Occupational Therapy:** Helping patients adapt to daily living activities and regain independence.
- **Pain Management:** Utilizing various techniques, including medication management, injections, and nerve blocks to alleviate pain.
- **Physical Therapy:** Prescribing and coordinating physical therapy to improve strength, flexibility, and mobility.

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## WE WELCOME YOUR REFERRAL

Fax referrals to (989) 667-6660, or send through Cerner. Please include the following information:

- Office visit notes (pertaining to the reason for referral, including all histories and medications)
- Current advanced imaging (within the last year) of the affected area
- Current patient demographics, including insurance information
- Any prior authorizations needed