

August

Healing Arts Program : Group Schedule 2025

RSVP to Kathleen Hardy, LMSW at HardyK@karmanos.org or (248)538-4712

MONDAY

****Special Workshop****

Loom Weaving
Mon. 8/4 & 8/11
10am-12pm
@ Detroit
RSVP ONLY

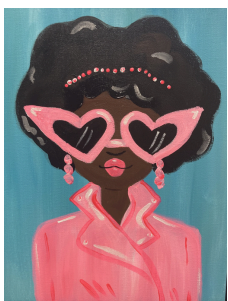
11am-12:30pm
Early Stage
Women's Group
8/4 & 8/18 @ Weisberg

11am-12:30pm
Women's Group
8/11 & 8/25 @ Weisberg

11am-12:30pm
Family Caregivers
Support Group
8/11 & 8/25 @ Weisberg

****Paint Party!****

Mon. 8/25 11am-1pm
@ Detroit
RSVP ONLY



1-3pm
Scrapbooking &
Card-Making Group
Weekly @ Weisberg

5:30-6:30pm
Gentle Yoga
Weekly Zoom

TUESDAY

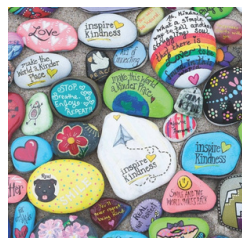
11am-12:30pm
Gentle Yoga
Weekly Zoom



11am-12:30pm
Watercolor Group
Weekly @ Weisberg

****Special Workshop****

Rock Painting
Tues. 8/12 1:30-3:30pm
@ Weisberg
RSVP ONLY



1:30-3pm
Open Art Studio
8/26 @ Weisberg

2-3:30pm
Men's Group
8/5 & 8/19 @ Weisberg

2-3:30pm
Family Caregivers
Support Group
8/5 & 8/19 @ Weisberg

WEDNESDAY

10-11am
Meditation/Relaxation
Weekly Zoom

10-11:30am
Grief & Loss Group
8/6 & 8/20 @ Weisberg

10-11:30am
Jewelry Group
8/6 @ Weisberg

****Special Event****

Caregiver Day at the
Detroit Zoo
Wed. 8/20 10am
RSVP ONLY

11-12pm
Chair Yoga
Weekly Zoom

11:30am-12:30pm
Music Therapy Group
Weekly @ Weisberg

****Special Workshop****

Polymer Clay
Wed. 8/13 10am-1pm
@ Weisberg
RSVP ONLY

1-2:30pm
Acrylic Painting Group
8/6 & 8/20 @ Weisberg

2-3pm
Spouse/Partner Grief
8/20 via Zoom

3-4:30pm
Men's Art Group
Weekly @ Weisberg

THURSDAY

****Special Event****

Medicare 101
Thurs. 8/7
10:30am-12pm
@ Weisberg
RSVP ONLY



11am-12:30pm
Gentle Yoga
Weekly Zoom



1-2pm
Music Therapy Group
for Cancer Thrivers &
Caregivers
8/14 & 8/28 via Zoom

FRIDAY

10-11:30am
Open Studio Group
Weekly @ Weisberg



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