

COVID-19 & Cancer in Metro Detroit: What Cancer Patients, Survivors, and Caregivers Need to Know

Karmanos Cancer Institute
Office of Cancer Health Equity &
Community Engagement (OCHECE)

April 2, 2020



Welcome!



- Today's webinar will be recorded and available to the community
- Focus today is on metro Detroit but we are working to expand focus to other parts of the state that Karmanos serves
- OCHECE COVID-19 Resource Guide
 - https://karmanoscancerhealthequity.org/covid-19-resource-guide/
 - Check for updates!
 - Guide will be translated into Arabic and Spanish
- Next COVID-19 & Cancer webinar
 - Monday, April 13 @ 1 PM, EST



Asking a Question



- To ask a question during the webinar
 - Use the Q&A button (bottom right on your control panel)

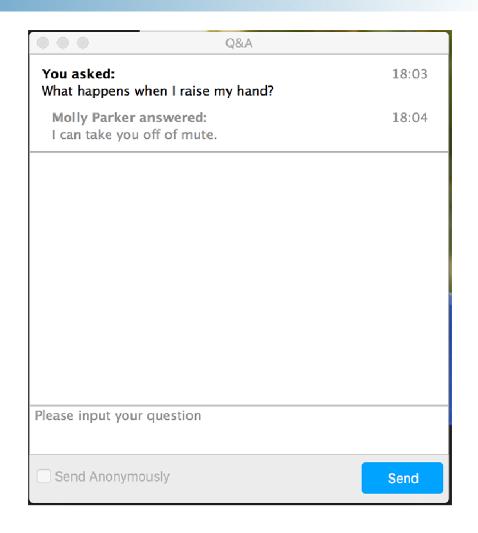




Asking a Question



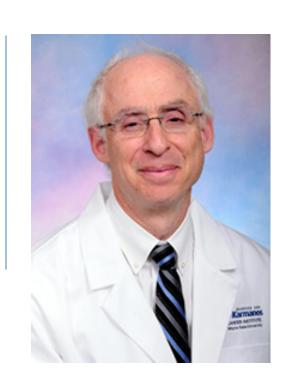
- Type your question directly into the Q&A box.
- Check Send
 Anonymously if you do not want your name attached to your question in the Q&A.





Overview of COVID-19 & an Oncologist's Perspective





Michael Simon, MD

Leader, Breast Cancer Multidisciplinary Team, Karmanos Cancer Institute & Professor, Oncology, Wayne State University School of Medicine.



What to Expect at Cancer Treatment Centers





Lauren Lawrence

Vice President, Karmanos Cancer Network/McLaren



About Karmanos Cancer Institute (KCI)



- KCI is headquartered in Detroit
- > 16 locations throughout MI
- Part of McLaren Health Care
- KCI is the largest cancer care and research network in Michigan
- ➤ We diagnose and treat 12,000+ cancer patients per year
- ➤ We are following the recommendations from CDC, the MDHHS, McLaren Emerging Pathogens Response Team, DMC, WSU, and Cancer Institutes around the nation



What to Expect at Cancer Treatments Centers



Our patients' safety and health continue to be our priority

- Single entry point
- No visitors permitted
- Everyone is screened
 - Travel history
 - Risk of exposure to COVID-19
 - Cough
 - Fever
 - Shortness of breath
 - Diarrhea and vomiting
 - Conjunctivitis
 - Loss of sense of smell/taste



Additional Precautions Taken at Cancer Centers



- All staff are wearing masks
- Non essential employees are working from home
- Personal Protective Equipment (PPE) as appropriate
 - In short supply
 - McLaren is sourcing and securing
- Rescheduling all visits, procedures and tests for patients not on active treatment/with no significant medical problems
- Continuing to see active treatment patients and newly diagnosed
- Now offering Telehealth appointments



Further Precautions for Staff and Patients



- Proper hand hygiene (20 seconds)
- > Disinfect surfaces between visits
- Cover cough and sneeze
- PPE as appropriate
- Social/physical distancing

If you are ill, please stay home and call your physician for further instructions



Additional Measures for Staff and Patients



Self Care

- ✓ Get proper rest
- ✓ Proper diet
- √ Get exercise
- ✓ Connect with loved ones
- ✓ Unwind/activities you enjoy
- ✓ Stay informed
- ✓ Take breaks from TV and Social Media



Dealing with Stress and Anxiety



Resources available

- www.cancercare.org
- www.virusanxiety.com
- "Shine" phone app
- Substance Abuse and Mental Services Administration (SAMHSA)
- Disaster Distress Helpline: 800.985.5990
- www.CDC.org
- www.Karmanos.org
 - Frequently Asked Questions (FAQs)
 - MDHHS coronavirus COVID-19 hotline: 888.535.6136



Update from the Detroit Health **Karmanos** Department





Najibah Rehman, MD, MPH Medical Officer, Detroit Health Department.



Update on COVID-19 Treatment **Karmanos** and Clinical Trials





Phillip Levy, MD

Chief Innovation Officer, Wayne State University Physician Group & Assistant Vice President, Translation Science and Clinical Research Innovation, Wayne State University



Cancer Resources: American Cancer Society





Megan Landry

Health Systems Manager American Cancer Society -North Central Region



Cancer Resources: Gilda's Club Metro Detroit





Rebekah Agnew, LLPC

Program Manager Gilda's Club Metro Detroit: Lake House Location



Words of Encouragement





Pastor Nathan Johnson
Tabernacle Missionary Baptist Church



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