

June

# Healing Arts Program : Group Schedule 2025

RSVP to Lauren Alfonsi, LPC, ATR at [AlfonsiL@karmanos.org](mailto:AlfonsiL@karmanos.org) (313)576-9279

## MONDAY

### **\*\*Special Workshop\*\***

Loom Weaving  
Mon. 6/16 & 6/30  
10am-12pm  
@ Detroit  
RSVP ONLY



**11am-12:30pm**  
Early Stage  
Women's Group  
6/2 & 6/16 @ Weisberg

**11am-12:30pm**  
Women's Group  
6/9 & 6/23 @ Weisberg



**11am-12:30pm**  
Family Caregivers  
Support Group  
6/9 & 6/23 @ Weisberg

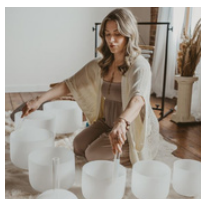
**\*\*Paint Party!\*\***  
Mon. 6/23 11am-1pm  
@ Detroit  
RSVP ONLY



**1-3pm**  
Scrapbooking &  
Card-Making Group  
Weekly @ Weisberg

### **\*\*Special Workshop\*\***

Sound Bath  
Mon. 6/16 3-4pm  
@ Weisberg  
RSVP ONLY



**5:30-6:30pm**  
Gentle Yoga  
Weekly Zoom

**6:30-7:30pm**  
Grief & Loss Group  
6/9 & 6/23 via Zoom

## TUESDAY

**11am-12:30pm**  
Gentle Yoga  
Weekly Zoom

**11am-12:30pm**  
Watercolor Group  
Weekly @ Weisberg

### **\*\*Special Workshop\*\***

Beaded Plant  
Tues. 6/10 1:30-3:30pm  
@ Weisberg  
RSVP ONLY



### **\*\*Special Workshop\*\***

Beaded Trees  
Tues. 6/17, 6/24, 7/1,  
& 7/8 1-3pm  
@ Weisberg  
RSVP ONLY



**1:30-3pm**  
Open Art Studio  
6/24 @ Weisberg

**2-3:30pm**  
Men's Group  
6/3 & 6/17 @ Weisberg

**2-3:30pm**  
Family Caregivers  
Support Group  
6/3 & 6/17 @ Weisberg

### **\*\*Special Workshop\*\***

Watercolor Bird  
with Kevin Clifford  
Tues. 6/24 6-7:30pm  
@ Weisberg  
RSVP ONLY

## WEDNESDAY

**10-11am**  
Meditation/Relaxation  
Weekly Zoom

**10-11:30am**  
Grief & Loss Group  
6/4 & 6/18 @ Weisberg

### **\*\*Special Event\*\***

Self-Love Day  
Wed. 6/11 9am-1pm  
@ Weisberg  
RSVP ONLY



**10-11:30am**  
Jewelry Group  
6/11 & 6/25 @ Weisberg

**11-12pm**  
Chair Yoga  
Weekly Zoom

**11:30am-12:30pm**  
Music Therapy Group  
Weekly @ Weisberg

### **\*\*Special Workshop\*\***

Paper Quilling  
Wed. 6/25 12-2pm  
@ Weisberg  
RSVP ONLY



**1-2:30pm**  
Acrylic Painting Group  
6/4 & 6/18 @ Weisberg

**2-3pm**  
Spouse/Partner Grief  
6/18 via Zoom

**3-4:30pm**  
Men's Art Group  
Weekly @ Weisberg



## THURSDAY

**10am-12pm**  
Knitting & Crocheting  
Weekly @ Detroit

**11am-12:30pm**  
Gentle Yoga  
Weekly Zoom

**12-1pm**  
Women's Group  
Weekly Zoom

**1-2pm**  
Music Therapy Group  
for Cancer Thrivers &  
Caregivers  
6/19 & 6/26 via Zoom

**1-2:30pm**  
Leah's Knit-Wits  
Knitting & Crocheting  
Weekly @ Weisberg

**2-4pm**  
Creative Self-Care:  
Home Sign  
6/12 @ Detroit  
RSVP ONLY



## FRIDAY

**10-11:30am**  
Open Studio Group  
6/6 & 6/13 @ Weisberg

**1-2:30pm**  
Creative Self-Care  
6/6 & 6/20 via Zoom

### **\*\*Special Event\*\***

Visit Frederik Meijer  
Gardens  
Fri. 6/13 11:00am  
@ Frederik Meijer  
Gardens  
RSVP ONLY



Supported by the Leah A. Davidson  
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