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Did you know that colorectal cancer is the third most common cancer in both men and women?

Often, colorectal cancer begins as a non-cancerous polyp or growth. These polyps can usually be found and removed before they turn into cancer. That's why it is important to get screened. Generally, adults at average risk should schedule their first colonoscopy at age 45 and continue every 10 years if the results are normal.

[Click here](#) to request an appointment.



Multiple myeloma is a cancer of the blood, which begins in the plasma cells. In the early stages of multiple myeloma, symptoms usually do not occur and a diagnosis is incidentally made at a routine blood test or check-up. You have the power to prevent multiple myeloma by knowing the common symptoms and signs.

Learn more [here](#).

We love our Karmanos doctors!



In honor of National Doctors' Day on March 30, please help us recognize our amazing doctors by sending them a thank you note. After you hit submit, we will deliver your message to your doctor. You will also have the opportunity to make a tribute donation if you wish.

Visit [Karmanos.org/thankyou](https://www.karmanos.org/thankyou)

New cancer center opens at McLaren Greater Lansing

Clinicians at McLaren Greater Lansing's new \$600 million health care campus began treating its first patients at the new outpatient care center and Karmanos Cancer Institute on February 28. The historic event was marked by a ceremonial ribbon cutting attended by leaders from McLaren, Michigan State University (MSU), Karmanos Cancer Institute, MSU Health Care, clinicians, support staff, construction workers, and elected officials.



"Today marks the beginning of a new chapter in McLaren and Michigan State University's history of collaborating on caring for the communities we serve, advancing medical research, and training the next generation of caregivers to serve our patients in mid-Michigan and beyond," said Phil Incarnati, President and CEO of the McLaren Health Care system.

"The possibilities of a greater partnership between McLaren and MSU combined with a common vision for healthy communities led to the creation of this new, next-generation health care campus. With nearly 900,000 square feet of new inpatient and ambulatory care space, this project is the largest capital project in our system's history and one of the largest single investments in the health of the greater Lansing community ever." [Read more](#)

KARMANOS VISION

A world free of cancer

KARMANOS MISSION

To lead in transformative cancer care, research and education through courage, commitment and compassion

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