

May

Healing Arts Program : Group Schedule 2025

RSVP to Lauren Alfonsi, LPC, ATR at AlfonsiL@karmanos.org (313)576-9279

MONDAY

11am-12:30pm
Early Stage
Women's Group
5/5 & 5/19 @ Weisberg

11am-12:30pm
Women's Group
5/12 @ Weisberg

1-3pm
Scrapbooking &
Card-Making Group
Weekly @ Weisberg

**NO
GROUPS
MONDAY
5/26**

5:30-6:30pm
Gentle Yoga
Weekly Zoom

6:30-7:30pm
Grief & Loss Group
5/12 via Zoom

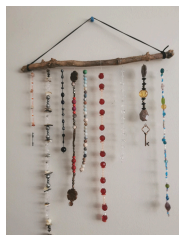
TUESDAY

11am-12:30pm
Gentle Yoga
Weekly Zoom

11am-12:30pm
Watercolor Group
Weekly @ Weisberg

12:30-1:30pm
Music Therapy Group
5/13 & 5/27 @ Detroit

****Special Workshop****
Suncatchers
Tues. 5/13
11:30am-1:30pm
@ Weisberg
RSVP ONLY

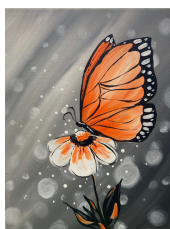


1:30-3pm
Open Art Studio
5/27 @ Weisberg

2-3:30pm
Men's Group
5/6 & 5/20 @ Weisberg

2-3:30pm
Family Caregivers
Support Group
5/6 & 5/20 @ Weisberg

****Paint Party!****
Spring Butterfly
Tues. 5/27 5:30-7:30pm
@ Weisberg
RSVP ONLY



WEDNESDAY

10-11am
Meditation/Relaxation
Weekly Zoom

10-11:30am
Grief & Loss Group
5/7 & 5/21 @ Weisberg

10-11:30am
Jewelry Group
5/14 & 5/28 @ Weisberg

11-12pm
Chair Yoga
Weekly Zoom

11:30am-12:30pm
Music Therapy Group
Weekly @ Weisberg

1-2:30pm
Acrylic Painting Group
5/7 & 5/21 @ Weisberg

2-3pm
Spouse/Partner Grief
5/7 & 5/21 via Zoom

3-4:30pm
Men's Art Group
Weekly @ Weisberg

THURSDAY

10am-12pm
Knitting & Crocheting
5/1, 5/22, 5/29
@ Detroit

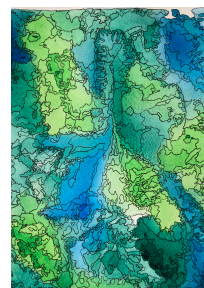
11am-12:30pm
Gentle Yoga
Weekly Zoom

12-1pm
Women's Group
Weekly Zoom

1-2pm
Music Therapy Group
for Cancer Thrivers &
Caregivers
5/1 & 5/29 via Zoom

1-2:30pm
Leah's Knit-Wits
Knitting & Crocheting
Weekly @ Weisberg

2-4pm
Creative Self-Care:
Watercolor Tracing
5/29 @ Detroit
RSVP ONLY

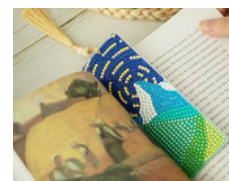


FRIDAY

10-11:30am
Open Studio Group
Weekly @ Weisberg

1-2:30pm
Creative Self-Care
5/2 via Zoom

****Special Workshop****
Diamond Art
Bookmarks
Fri. 5/16 12-2pm
@ Weisberg
RSVP ONLY



BARBARA ANN
Karmanos
CANCER INSTITUTE
Wayne State University

exhale
THE FAMILY
CAREGIVER INITIATIVE

