

Karmanos Patient Education Classes

Class days & times

Tuesday

Chemotherapy Class: 11 a.m. – noon

*Freshstart Tobacco Cessation: 3 – 4:30 p.m.

(*Second Tuesday of each month)

Wednesday

Pre-Surgery Class: 12:30 – 1:30 p.m.

Catheter Care Class: 3 – 4:30 p.m.

Thursday

Chemotherapy Class: 3 – 4 p.m.

While supplies last, attendees will receive a McKesson Giving Comfort bag.



Chemotherapy Class

This class provides patients and caregivers with an understanding of how chemotherapy works, what to expect during chemotherapy, potential side effects, ways to manage care and when to notify your physician. Caregiver attendance is encouraged.

Pre-Surgery Class

This class will help improve your readiness for surgery. Provided is an overview of what to expect before, during and after surgery. Special attention is given to preventing infection before and after surgery, pain management, incision and drain care. An emphasis is placed on teaching the signs and symptoms that require a call to the physician. Patients are encouraged to bring their significant other or caregiver.

Catheter Care Class

This class provides patients and their caregivers with an understanding of how the catheter will be placed, used and how to care for it. Infection control practices are taught. The interactive class provides demonstration of all techniques and allows participants to practice sterile dressing change and safe practices for proper maintenance of the catheter.

Freshstart Tobacco Cessation

Freshstart is the American Cancer Society's group-based tobacco cessation workshop. During the workshop, participants will identify reasons for quitting, choose a quit date, and develop strategies, resources, and support to quit smoking.

To register, please call

1-800-KARMANOS

(1-800-527-6266)



CANCER INSTITUTE

Wayne State University