

# **DOING WHAT'S BEST.**<sup>®</sup>



2019 ANNUAL REPORT

#### 2019: A SUCCESSFUL YEAR

We accomplished many milestones in fiscal year 2019. First, we began the year with significant construction to the North Tower. These renovations included remodeling the North Tower lobby, expanding the Karmanos Cancer Institute, cafeteria enhancements, and the construction of the Charles H. and Cynthia C. Whipple Classroom that seats up to 100 people. We completed a total overhaul to the 5th and 6th floor units for medical surgical and oncology patients. Now, all inpatient medical rooms are 100 percent private.

McLaren Port Huron was also ranked as a high-performing hospital in the treatment of chronic obstructive pulmonary disease (COPD) and heart failure by U.S. News & World Report in its 2019-20 Best Hospitals ranking. Inclusion in the ranking demonstrates a health care provider's proficiency in patient experience and outcomes. More than 4,500 health care providers nationwide were evaluated in 25 specialties, procedures, and conditions. McLaren Port Huron was the only hospital in St. Clair County to be classified among the Best Hospitals ranking. Additionally, McLaren Port Huron recently received MPRO's 2019 Governor's Award of Excellence. This award recognizes participants for their dedication and success in improving health care quality and patient safety in Michigan. To be eligible for the award, participants must have achieved, maintained, and continually improved in specific areas related to the award they received.

In 2019, McLaren Port Huron was distinguished in Michigan and nationally as a leader in high quality care. The direct benefit of improving care processes is providing the highest quality patient care, reducing lengths of stay in the hospital and enhancing recovery for patients. Our staff and physicians continue to DO WHAT'S BEST, and we are being recognized for it.



Jennifer Montgomery, MSA, RN, FACHE President & CEO McLaren Port Huron

#### 2020: WHAT LIES AHEAD

As we look forward to a new year and a new decade, we will be nearing completion of our five-year, \$161 million construction and renovation project. In late summer of 2020, we will open the new James C. Acheson Heart and Vascular Center for comprehensive cardiac services in one convenient location.



Mona Armstrong Chairwoman McLaren Port Huron Board of Trustees The James C. Acheson Heart and Vascular Center, named after Dr. Acheson for his generous gift, will offer cardiac and vascular testing, such as EKGs, electrophysiology studies, transesophageal echocardiograms, and stress / nuclear medicine. In addition, the center will house two new cardiovascular labs for diagnostic and interventional cardiac and vascular procedures, including angioplasty, angiography, stents, and Impella. We also remain the only provider for open heart surgeries in the Blue Water Area.

These accomplishments – expanding services and earning accreditations – mean we are saving lives and helping more individuals who need access to superior, comprehensive health care locally. As Chairwoman of the Board of Trustees, I would personally like to thank you for choosing McLaren Port Huron for your health care needs.

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# OUR HEALTH CARE PROVIDERS

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## SUPPORTING A HEALTHY COMMUNITY

October 2018 -September 2019

# McLAREN PORT HURON'S ROLE IN THE COMMUNITY

#### HOSPITAL:

- 1,442 employees
- \$94,834,555 in total payroll
- \$394,703 in payroll taxes to the City of Port Huron
- \$8,848,597 to purchases in St. Clair County
- \$2,997,543 (gross) provided as charity care
- \$29,592,038 (gross) for services not reimbursed by insurer or patient

#### MARWOOD NURSING & REHAB:

- 461 employees
- \$11,695,731 in total payroll
- \$76,269 in payroll taxes to the City of Port Huron
- \$662,014 to purchases in St. Clair County

#### PATIENT VISITS - HOSPITAL

- 11,911 adult admissions
- 1,025 births
- 6,095 surgeries and surgical procedures
- 45,781 Emergency Center visits
- 209,394 outpatient visits (excluding EC)

#### MARWOOD RESIDENT VOLUME

- 79,757 total resident days
- 82% of resident days represents care to the indigent and elderly population of the community through Medicaid and Medicare programs

# COMMUNITY BENEFIT BY THE NUMBERS

# EMPLOYEE CONTRIBUTIONS TO THE COMMUNITY

- \$22,075 raised for United Way
- 14,208 pounds of food and \$2,638 donated to local food banks
- \$34,296 aided 44 employees in need through the Employees That Care donor club
- More than 133 residents from Marwood, Regency, and Medilodge nursing homes were adopted by employees to help ensure a happier holiday through the Christmas Angel program

#### SCREENINGS

- 28 blood pressure screenings
- 24 foot screenings
- 51 hearing screenings
- 86 depression screenings for National Depression Screening Day
- 22 free mammograms for Breast Cancer Awareness Month

#### SUPPORT GROUPS

- 65 attended Alzheimer's Caregivers
- 152 attended Parkinson's
- 31 attended the Cancer Support Group for Women
- 22 participated in Beauty & Healing
- 5 participated in Look Good, Feel Better
- 21 people had wig consultations
- 66 attended the Stroke Support Group
- 30 attended the Bariatric Support Group
- 130 attended the Heart to Heart Support Group

#### EVENTS

- 150 attended women's programs in Lexington and Marysville through the McLaren Port Huron Foundation
- 83 attended Moran's Men's Night in Port Huron
- 31 attended the Breast Cancer Survivor Celebration
- 68 attended the Paint the Town Red Heart Disease event
- 589 attended the Children's Fun & Fitness Festival
- 125 attended the Cancer Picnic

#### PROGRAMS

- 27 aided through smoking cessation
- 42 attended the AARP driver's safety course
- 49 attended Lunch with the Doctor series
- 48 attended the Savvy Senior Series
- 97 attended Cooking Matters
- 34 registered for Lumbar Spinal Stenosis
- 56 participated in Medicare counseling with Michigan Medicare & Medicaid Assistance Program
- 23 attended Alzheimer's programs with the Alzheimer Association of Greater MI
- 56 participated in SMR education programs (3 outreach, 1 diabetes, 1 stroke)
- 35 participated in community CPR (29 seniors, 6 at PH Golf Club)
- 68 attended financial education and planning sessions with the McLaren Port Huron Foundation
- 9 attended Art Therapy
- 12 attended Music Therapy
- 613 7th grade students from Port Huron Area Schools were trained in CPR
- 103 attended the Fort Gratiot Middle School Career Day
- 25 Capac High School teachers participated in training about the dangers of vaping
- 3 participated in the Community Health Needs Assessment Focus Group
- 240 Port Huron Schools students participated in Bio Med programming taught by MPH employees
- 172 Port Huron Area Schools students participated in diabetes education
- 22 attended sessions about Path for Chronic Pain
- 118 attended diabetes presentations
- 43 participated in diabetes care: Putting Your Heart and Soul Into It
- 25 attended a heart disease presentation for Marysville Rotary
- 320 participated in the Healthy Teen Day
- 896 children were reached through the Helmet Safety program



Philanthropy had a major impact on the hospital in 2019, providing \$1.2 million to support renovations, capital needs, patient care programs, and employee scholarships. This level of support would not be possible without the generosity of our community. The McLaren Port Huron Foundation received nearly 1,000 donations this year, including four new Beacon Society members, two Beacon Fellows, and two President's Circle donors.

We were honored this year to recognize Jim Acheson and his family for their long history of support by unveiling the James C. Acheson Heart & Vascular Center. Thanks to Dr. Acheson's generosity, the heart & vascular center will not only be home to advanced technology and exemplary patient care, but the space will be comfortable and inviting for our patients, their families, and our staff. PORT HURON FOUNDATION



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#### MARWOOD RECEIVES TWO PRESTIGIOUS AWARDS: GOVERNOR'S AWARD OF EXCELLENCE AND THE 2019 BRONZE COMMITMENT TO QUALITY

In 2019, Marwood was honored with the Governor's Award of Excellence. This award recognizes participants for their dedication and success in improving health care quality and patient safety in Michigan. To be eligible for the award, participants must have achieved, maintained, and continually improved in specific and rigorous milestones.

In addition, Marwood was selected as one of 590 long-term and post-acute care providers in 48 states as a 2019 Bronze Commitment to Quality award recipient by the American Health Care Association and National Center for Assisted Living.

A testament to Marwood's commitment to quality is its antipsychotic reduction initiative. When the program started in 2018, the antipsychotic usage in Marwood's long term care population was 18.1%. One year later, Marwood's antipsychotic usage significantly decreased to 9.1%, which amounts to a 50% reduction in usage in 12 months.

Marwood applied best practice guidelines as outlined by the Lake Superior Quality Innovation Network and successfully utilized resident centered interventions with this QAPI (Quality Assurance and Performance Improvement) initiative.



#### **BOARD OF DIRECTORS**

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### **OUR MISSION**

McLaren Health Care, through its subsidiaries, will be the best value in health care as defined by quality outcomes and cost.

### **OUR VALUES**

COMPASSION – Expressing genuine care and concern EXCELLENCE – Creating exceptional experiences and results INTEGRITY – Practicing personal honesty that creates trust



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