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#### KARMANOS VISION

A world free of cancer.

#### **KARMANOS MISSION**

To lead in transformative cancer care, research and education through courage, commitment and compassion.

#### KARMANOS QUICK LINKS

<u>Karmanos Home Page</u>
Ways to Give

<u>Schedule an Appointment</u>
<u>Patients & Visitors</u>
Healthcare Professionals & Research

#### **APRIL AT KARMANOS**



Active & Healthy | April 2019

April is National Minority Health Month. One of the biggest goals in public health is to reduce health disparities. According to the Office of Disease Prevention and Health Promotion, health disparities are differences in health that are linked with social, economic or environmental disadvantages of certain groups. LEARN MORE.

#### **PATIENT FOCUS AND RESOURCES**



## A Beacon of Hope: Support group encourages, inspires young cancer patients

At age 20, Shardé Fultz was busy working full-time and enrolled in Oakland University's dance program. She dreamed of becoming a professional dancer, but a persistent cough ended up changing the course of her life.

"After having the cough for a while, my mom insisted that I see a doctor," says Shardé, who is now 29. "I had a mass in my chest the size of a small watermelon

and was diagnosed with non-Hodgkin lymphoma. Because I was so young, I was optimistic that I'd get treatment and resume my regular activities quickly." READ MORE.

#### Support groups, education classes and community events

Through a variety of support groups, education classes and community events Karmanos offers patients, families and friends the resources you need to improve your quality of life and be an integral partner in the fight against cancer. For a full listing, click the link below.

**CLASSES AND SUPPORT GROUPS** 

**CANCER AWARENESS AND EDUCATION** 



# Pancreatic cancer on the rise, on track to be 2nd-leading cancer killer by 2020

It might seem as if you're hearing a lot about pancreatic cancer because some well-known people have announced they're being treated for the disease.

Recently, Oakland County Executive L. Brooks Patterson announced he has stage 4 pancreatic cancer. Earlier this month, "Jeopardy" host Alex Trebek told fans that he, too, is fighting the disease. Last summer, Detroit's Queen of Soul Aretha Franklin succumbed to pancreatic neuroendocrine tumors, as did Apple chairman, CEO and co-founder Steve Jobs, in 2011. Actors Patrick Swayze and Michael Landon both died of pancreatic cancer, too.

But it also could be because the incidence of pancreatic cancer is on the rise. READ MORE.

#### **UPCOMING EVENTS**

#### North Brothers Ford 21st Annual Fun Run

North Brothers Ford will be hosting its 21st Annual 5k Fun Run benefitting the Karmanos Cancer Institute. Through the years, this event has raised more than \$120,000 for Breast Cancer Research at Karmanos. The race starts at 8 a.m. on May 18 at the Westland Farmers Market. If you are interested in running in the race, please register by <a href="CLICKING HERE">CLICKING HERE</a>.

If you have any questions you can reach out to Chelsea Pulice at: <a href="mailto:pulicec@karmanos.org">pulicec@karmanos.org</a> or 313-576-8112.

#### **Matcha Tea Product Launch**

Matcha Fit Tea's mission is to give back to non-profit organizations, so to kick off their shop debuting on April 12th, 2019, they decided to create a fundraiser benefitting the Karmanos Cancer Institute. The inspiration behind creating the

company came after the founder's mother was diagnosed with breast cancer. Please follow this <u>LINK</u> to make your Matcha Fit Tea purchase and a portion of the proceeds will benefit Breast Cancer Research.

#### **WAYS TO SUPPORT**



### **Choose Karmanos as Your Charity of Choice on Amazon Smile**

Did you know that you can donate to the Karmanos Cancer Institute simply by purchasing items that are available on Amazon? Your Amazon Account can be linked to the Karmanos Cancer Institute and they will donate a portion of what you purchase back to us! All you have to do is sign

up. Use the following steps below and reach out to Chelsea Pulice at (313) 576-8112 or <a href="mailto:pulicec@karmanos.org">pulicec@karmanos.org</a> with any questions.

- 1. If you are not signed up for Amazon Smile follow these directions
- a. Sign into your Amazon account at: www.smile.amazon.com
- b. If you have never signed up for Amazon Smile before, it will immediately prompt you to select a charity.
- c. Please Search: Barbara Ann Karmanos Cancer Institute
- d. It is really that easy!
- 2. If you already have chosen a different charity in the past and now want to donate to Karmanos Cancer Institute follow these directions:
- a. Sign into your Amazon account at: www.smile.amazon.com
- b. Hover over "Accounts and Lists"
- c. Under the "Your Account" Column click: "Your AmazonSmile"
- d. Click: "Change Charity"
- e. Please Search: Barbara Ann Karmanos Cancer Institute

\*Please note, you must be signed into Amazon Smile, not regular Amazon in order to have funds donated. Not all items are Amazon Smile eligible.



#### **Give Detroit**

Karmanos is excited to participate in Hour Detroit magazine's Give Detroit Challenge 2019. Beginning this Thursday, we will be competing with other local charitable organizations to raise the most money online April 11 through April 18. The organizations that raise the most

money during the challenge period will win additional prizes. There will also be fun daily challenges. Be on the lookout this Thursday for more information on how you can help us make our goal!

#### **Wall of Hope Program**

Our Wall of Hope program is a heartfelt way to honor and remember a loved one, friend, colleague or a special caregiver. With a gift of \$3,000 for a three-inch plaque, \$5,000 for a seven inch plaque or \$10,000 for a seven inch



plaque, you can inscribe a meaningful message of hope, gratitude or inspiration to an honoree on our Wall of Hope. The Wall of Hope is located on the main level at the Karmanos Cancer Center in Detroit. This lasting tribute provides a visible connection to the donor and the honoree, while providing the Institute with vital funds to continue scientific research and provide the latest cancer fighting treatments. For more information, please contact the Development Office at 313-576-8115, wallofhope@karmanos.org or visit www.karmanos.org/wallofhope.

FORWARD TO A FRIEND

SUBSCRIBE ME TO KARMANOS e-FRIENDS











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