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KARMANOS VISION

A world free of cancer.

KARMANOS MISSION

To lead in transformative cancer care, research and education through courage, commitment and compassion.

KARMANOS QUICK LINKS

[Karmanos Home Page](#) [Schedule an Appointment](#) [Patients & Visitors](#)
[Ways to Give](#) [Healthcare Professionals & Research](#)

FEBRUARY AT KARMANOS



February is National Cancer Prevention Month. Did you know it's estimated that about 20 percent of all cancers diagnosed in the U.S. are related to body fatness, physical inactivity, excess alcohol consumption and/or poor nutrition? There are many lifestyle choices you can make to lower your risk of cancer. Maintaining a healthy weight and diet, not smoking, limiting alcohol intake and limiting your exposure to carcinogens.

[LEARN MORE.](#)

PATIENT FOCUS AND RESOURCES



Local Girl Scout troop 75715 donates cards to patients

“Do a good turn daily” has been the slogan of the Girl Scouts of the USA for more than 100 years. The slogan remains strong, especially with Troop 75715.

The girls in the Troop wanted to write letters to cancer patients at Karmanos to honor the birthday of Girl Scouts Founder — Juliette Gordon Low. Troop 75715 is made up of third and fourth grade girls from Farmington Hills, and it is led by Troop Leader Lisa.

The cards were filled with pictures and encouraging messages written by the girls. The cards were recently given to patients by Karmanos volunteers on Jan. 14.

[READ MORE.](#)

Support groups, education classes and community events

Through a variety of support groups, education classes and community events Karmanos offers patients, families and friends the resources you need to improve your quality of life and be an integral partner in the fight against cancer. For a full listing, click the link below.

[CLASSES AND SUPPORT GROUPS](#)

CANCER AWARENESS AND EDUCATION



Karmanos awarded President's Trophy by McLaren Health Care

The Barbara Ann Karmanos Cancer Institute was named the recipient of the President's Trophy by the McLaren Health Care system. The award was presented at the McLaren Health Care Annual Meeting on Jan. 16.

“This award means we have been recognized as the top subsidiary in the entire McLaren Health Care system, as a result of exceeding expectations in clinical quality, patient safety, operations, fiscal

responsibility and patient satisfaction,” said Gerold Bepler, M.D., Ph.D., president and chief executive officer of Karmanos Cancer Institute. [READ MORE.](#)

FUNDRAISING

Sk8 to Elimin8 Cancer Event

Thank you to the Scott Hamilton CARES Foundation for hosting us at their Sk8 to Elimin8 Cancer event on January 23 at Campus Martius Park.

Scott Hamilton made an appearance at the event. It also featured local skaters, Olympic Medalist Jeremy Abbott, World Champion and Olympian Yuka Sato and 2-time National Champion Alissa Czisney. Dr. Elisabeth Heath and several patients represented Karmanos.



Proceeds from the event benefit Karmanos Cancer Institute and the Scott Hamilton Cares Foundation. More photos can be found on the Karmanos [Facebook page.](#)

WAYS TO SUPPORT

Corporate Involvement

Did you know that your company can help make an impact here at Karmanos? Employers are embracing the movement of corporate social responsibility and are encouraging their employees to get involved and be active with organizations in the community. Our goal is to build strong partnerships with companies across Michigan and to be a resource for their employees and their families.

Whether your company is looking to financially sponsor an event or program, your employees are interested in fundraising or you desire to provide volunteers for a Karmanos event- we have ways to engage with you on many different levels.

We believe that having strong partnerships with companies in our community leads to having a healthy community. For more information on the many ways your company can get involved at Karmanos please contact our Corporate Relations Director, Mary Ellen Kearney, at kearney@karmanos.org or 313-579-8106.

Wall of Hope

Our “Wall of Hope” program is a heartfelt way to honor and remember a loved one, friend, colleague or a special caregiver. With a gift of \$3,000 for a three inch plaque, \$5,000 for a five inch plaque or \$10,000 for a seven inch

plaque, you can inscribe a meaningful message of hope, gratitude or inspiration to an honoree on the Institute’s Wall of Hope which is located on the main floor at the Karmanos Cancer Institute. This lasting tribute provides a visible connection to the donor and the honoree, while providing the Institute with vital funds to continue scientific research and provide the latest cancer fighting treatments. For more information, please contact the Development Office at 313-576-8115, wallofhope@karmanos.org or visit www.karmanos.org/wallofhope.



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