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June is National Cancer Survivor Month!

Trends are showing there are more cancer survivors due to early detection and advances in cancer treatments. As of 2016, it is estimated that there are 15.5 million cancer survivors in the United States; the number of cancer survivors is projected to increase to 20.3 million by 2026. ¹ It is very important to know when your recommended screenings are due, and to pay attention to your body for signs of changes. Also, discuss your follow-up care plan with your health care provider to continue improved health and quality of life after a cancer diagnosis.

- · Cancer is more prevalent in older adults.
- You are a cancer survivor from the time you are diagnosed through the remainder of your life.
- Maintaining a healthy diet and weight can reduce the chances of cancer recurrence, and overall improve your quality of life.
- Social inequalities such as low income and no health insurance can result in a late diagnosis, resulting in shorter survival rates.

For additional information about cancer prevention, please call the Karmanos Patient and Community Education Department at 1-800-KARMANOS (1-800-527-6266).

¹American Cancer Society. Cancer Prevention & Early Detection Facts & Figures 2017-2018. Atlanta: American Cancer Society; 2017

Family Art Nights

Join us this summer for a night of ART, PIZZA & FUN designed for school-age children and their family members! Family Art Night events are open to all families affected by cancer. Dinner is provided.

Dates:

Tuesday, June 26, 5:30 - 7 p.m. RSVP no later than June 19 Tuesday, July 10, 5:30 - 7 p.m. RSVP no later than July 3 Tuesday, July 24, 5:30 - 7 p.m. RSVP no later than July 17 Thursday, August 2, 5:30 - 7 p.m. RSVP no later than July 26 Thursday, August 16, 5:30 - 7 p.m. RSVP no later than Aug. 9 Location: Karmanos Cancer Institute, Main Campus, 4100 John R, Detroit, MI 48201 Wertz Classroom, Room 1237

Summer Art Days for school-age children

Join us for a fun afternoon of art making designed for school-age children! School Art Days are open to any children affected by cancer. They are free-of-charge and lunch is provided.

Dates:

Wednesday, July 11, 11 a.m. – 1:30 p.m. RSVP no later than

Wednesday, July 25, 11 a.m. – 1:30 p.m. RSVP no later than July 18

Wednesday, Aug. 8, 11 a.m. - 1:30 p.m. RSVP no later than Aug. 1





Wednesday, Aug. 22, 11 a.m. – 1:30 p.m. RSVP no later than Aug.15 Location: Karmanos Cancer Institute, Main Campus, 4100 John R, Detroit, MI 48201 Wertz Classroom, Room 1237

Both programs are facilitated by Casey Canon, art therapist and Missy Seyerle, child life specialist. No art experience is necessary. Please contact 313-576-9293 or canonc@karmanos.org with any questions or to register for any (or all) available dates. Click Familty Art Nights or Summer Art Days for downloadable flyers.



Karmanos joins nation's leading cancer centers to endorse goal of eliminating HPV-related cancers

The Barbara Ann Karmanos Cancer Institute has partnered with 69 other National Cancer Institute (NCI)-designated cancer centers to issue a statement urging for increased HPV vaccination and screening to eliminate HPV-related cancers, starting with cervical cancer. These institutions collectively recognize insufficient vaccination as a public health threat and call upon the nations' physicians, parents and young adults to take advantage of this rare opportunity to eliminate several different types of cancer in men and women. Read more.

Events to support Karmanos

18 Aces to Conquer Cancer, June 13
Sixth Annual Charles Cobb Foundation Golf Outing, July 14

Artsonia

Karmanos recently set up an "Artsonia" account for the Healing Arts Program. Artsonia is a website used frequently by art programs in schools so that students can put their art work online for family and friends to buy their loved ones' art. When you purchase art, 20 percent of the proceeds go to the Karmanos Cancer Institute's Leah A. Davidson's Healing Arts Fund.



To view the art, visit www.artsonia.com and then search for healingarts to see our Karmanos healing arts page. Artists give their release to be on the website and can also let others know about it so they can purchase a variety of gifts with their art on it such as a T-shirt, prints, cutting board, tile, notecards, jewelry, a journal etc. We encourage friends of Karmanos to enjoy this wonderful exhibit of artwork and to order keepsakes.



Healthcare Professionals & Research

Ways to Give

Barbara Ann Karmanos Cancer Institute 4100 John R - Detroit, MI 48201 1-800-KARMANOS 1-800-527-6266 karmanos.org









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