



### **KARMANOS VISION**

A world free of cancer.

### **KARMANOS MISSION**

To lead in transformative cancer care, research and education through courage, commitment and compassion.

### **KARMANOS QUICK LINKS**

[Karmanos Home Page](#) [Schedule an Appointment](#) [Patients & Visitors](#)  
[Ways to Give](#) [Healthcare Professionals & Research](#)

## **NOVEMBER AT KARMANOS**



November is  
**LUNG CANCER**  
Awareness month

November is Lung Cancer Awareness Month. Lung cancer is the second most common cancer in both men and women. More people die from lung cancer than colon, breast and prostate cancer combined.

Smoking is the number one cause of lung cancer in the United States — with 80 percent of cases caused by smoking. Even more cases are linked to exposure to secondhand smoke.

The best way to lower your risk of lung cancer is to not smoke, and quit right away if you do. Karmanos can help you quit. #YourBestChance



November is also Family Caregiver Month. Did you know that 90 million Americans care for a family member?

Karmanos would like to recognize the caregivers who help their loved ones throughout their cancer journey. Thank you for all that you do.

## PATIENT FOCUS AND RESOURCES



### **Smoking Cessation**

Encourage someone you know to make a plan to quit, and then quit smoking that day. Karmanos can help you quit smoking. Learn more about how we can help by visiting our website or calling 1-800-KARMANOS.

### **Support groups, education classes and community events**

In addition to the Smoking Cessation, through a variety of support groups, education classes and community events Karmanos offers patients, families and friends the resources you need to improve your quality of life and be an integral partner in the fight against cancer. For a full listing, click the link below.

## **CLASSES AND SUPPORT GROUPS**

## CANCER AWARENESS AND EDUCATION



### **Karmanos researcher receives Kales Award for studying cellular enzyme's role in regulating cancer genes**

Benjamin Kidder, Ph.D., has a fascination with studying the behavior of stem cells and how cell activity may eventually give rise to cancer.

"I use normal cells and genomics tools to understand epigenetic mechanisms of stem cell fate decisions," said Dr. Kidder, assistant professor in the Department of Oncology at the Barbara Ann Karmanos Cancer Institute and Wayne State University School of Medicine (WSU SOM). "I study how stem cells renew themselves or differentiate. We apply knowledge from normal cells to understand cancer cells."

Dr. Kidder is this year's Kales Award winner and was honored at a Karmanos Grand Rounds ceremony on Thursday, Nov. 1. The Kales Award was created in 2012 at the Wayne State University School of Medicine to recognize exemplary and innovative cancer research. It is supported by the Drs. Anthony and Joyce Danielski Kales Endowed Faculty Award for Innovative Cancer Research Endowment. Selection is based on a comprehensive review of published articles within the previous year. [READ MORE](#)

## **FUNDRAISING**



### **Giving Tuesday**

#GivingTuesday is a global day of giving fueled by the power of social media and collaboration.

Celebrated on the Tuesday following Thanksgiving (in the U.S.) and the widely recognized shopping events Black Friday and Cyber Monday, #GivingTuesday kicks off the charitable season, when many focus on their holiday and end-of-year giving. This year Giving Tuesday is November 27.

To support the Karmanos Cancer Institute this

Giving Tuesday [CLICK HERE](#)

## **EVENTS TO SUPPORT KARMANOS**

### **Kona Chocolate Run**

Join us and your fellow runners this Sunday at the Kona Chocolate Run!  
Proceeds from the Kona Chocolate Run help support Karmanos Cancer Institute.

Date: November 18, 2018

Location: Kellogg Park  
W Ann Arbor Trail,  
Plymouth, MI 48170

[CLICK HERE TO REGISTER](#)

[FORWARD TO A FRIEND](#)

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