

Karmanos Cancer Institute, first cancer center in Michigan to offer CAR-T Therapy for an aggressive type of non-Hodgkin Lymphoma

The Barbara Ann Karmanos Cancer Institute in Detroit is the first center in Michigan approved to treat adult patients with diffuse large B-cell non-Hodgkin lymphoma (DLBCL) with the commercially approved chimeric antigen receptor (CAR) T-cell therapy. Karmanos Cancer Institute took part in the CAR-T clinical trials that led to the U.S. Food and Drug Administration (FDA) approval of CAR-T therapy for this type of lymphoma in

October 2017.

Patients with DLBCL who have not responded to at least two other types of treatment, or who have relapsed following other treatment, may be eligible for CAR-T therapy. Diffuse large B-cell lymphoma is the most common form of non-Hodgkin lymphoma (NHL), representing approximately 30 percent of newly diagnosed cases of NHL in the United States. DLBCL is aggressive and occurs primarily in adults. READ MORE



The uplifting power of exercise

Is it okay for cancer patients to exercise while undergoing treatment? The answer is a resounding "yes," says Katherine Schaefer, a licensed yoga instructor, massage therapist and Reiki master.

"Exercise activates the muscles, circulates fluids throughout the body, and helps maintain strength and flexibility," says Schaefer, who leads yoga classes and offers massage and Reiki therapy at Karmanos Cancer Institute's Lawrence and Idell Weisberg Cancer Treatment Center in Farmington Hills. "Exercise also helps relieve feelings of anxiety and depression."

With physician approval, patients can pursue a variety of activities, from walking, jogging and yoga to tai chi and strength training. And exercises can be adapted for patients with limited mobility, Schaefer says. READ MORE

Oral, Head & Neck Cancer Screening

A simple 15 minute exam could save your life — and it's totally free! 1-4 p.m. Friday, April 13, 2018 Karmanos Cancer Institute. 4100 John R, Detroit, MI 48201 Available to adults, age 18 and over.

Click here to pre-register online or call 1-800-KARMANOS (1-800-527-6266) by 5 p.m., Thursday, April 12, 2018, to arrange a free screening and complimentary valet parking. On-site registration will also be available.



Events

Tiffany Bentley LLS Woman of the Year, March 22 - June 9 2018 Komen Detroit Race for the Cure®, May 5 North Brothers Ford & the City of Westland 20th Annual 5K Fun Run/Walk, May 12 Detroit Tigers 7th Annual Pink Out the Park, May 13 Ken Wood Memorial Golf Outing, June 9

Tiffany Bentley

Karmanos patient Tiffany Bentley was recently chosen as a candidate for the 2018 Leukemia & Lymphoma Society (LLS) Man or Woman of the Year fundraising campaign.

"When I received the diagnosis, in May 2015, that I HAD Stage 1 Breast Cancer it was quite a surprise," says Tiffany. "I went for a regular mammogram that included a breast examination. I had no previous symptoms, no pain or direct family history. Over the course of my life I have consistently had an annual physical examination and have been in good health. Leading up to receiving the diagnosis I had a mammogram, ultrasound and a three part biopsy. My treatment plan included surgery, chemotherapy and nine months of Herceptin. Today, I am and will continue to be 'CANCER FREE'. Every day I open my eyes, I celebrate life and how I have been given a new normal."

During a 10 week period – from March 22 to June 9, it is Tiffany and her husband, Tito's goal is to raise more than \$25,000 which

will go directly to LLS to support its researchers in finding treatments that save lives. To read more about Tiffany efforts to win LLS Man or Woman of the Year or to contribute, please visit http://pages.mwoy.org/mi/detroit18/tbentley.





Artsonia

Karmanos recently set up an "Artsonia" account for the Healing Arts Program. Artsonia is a website used frequently by art programs in schools so that students can put their art work online for family and friends to buy their loved ones' art. When you purchase art, 20 percent of the proceeds go to the Karmanos Cancer Institute's Leah A. Davidson's Healing Arts Fund.

To view the art, visit www.artsonia.com and then search for healingarts1 to see our Karmanos healing arts page. Artists give their release to be on the website and can also let others know about it so they can purchase a variety of gifts with their art on it such as a T-shirt, prints, cutting board, tile, notecards, jewelry, a journal etc. We encourage friends of Karmanos to enjoy this wonderful exhibit of artwork and to order keepsakes.

Patients & Visitors

Healthcare Professionals & Research

Ways to Give

Barbara Ann Karmanos Cancer Institute 4100 John R - Detroit, MI 48201 1-800-KARMANOS 1-800-527-6266 karmanos.org







